



## **GRIEF & LOSS SIX WEEK SUPPORT GROUP EVERY SUNDAY STARTING MARCH 21, 2021**

We are launching a new series called *The Grief Sessions*. We're hoping that this will be a truly impactful resource for those who are struggling with grief during this time of social isolation.

**Hosted by Sharon Seventh Day Adventist Church  
Every Sunday at 4pm  
Virtual Support Group Via Zoom**

Now, more than ever, we are facing unprecedented moments of grief at a time where we are experiencing increased social isolation. If you or someone you know is grieving, please join us for an online Live interactive experience!

Most people facing a devastating loss live in shock, denial, anger, isolation, and depression that can last weeks, months, and even years. So, how can a grieving person successfully travel this road in a healthy way? In the midst of the pain, is it possible to uncover the meaning of life, the purpose of death, and the value of grief? What difference could the answers make in your life? The Grief Sessions presents practical, healthy ways to navigate the new life we never wanted but have to face nonetheless. The six sessions share scientifically researched, Bible-based, and people-proven ways to turn loss into living again. **Each participant will need their own copy of the Participates Workbook which is \$19.99 plus shipping and tax. To Order Workbook go to the following website, <https://www.adventsource.org> or <https://thegriefsessions.com>**

**To register for the Virtual Grief Sessions  
or for more information contact Sharon Church's Grief Ministry at  
402-639-3436**

**Sharon SDA Church  
3336 Lake Street  
Omaha, NE 68111  
402-453-4079**



**Additional Grief resources  
<https://thegriefsessions.com>**